



Chicken Patties



- No artificial colours ✓
- No artificial flavours ✓
- No preservatives ✓





Chicken Patties

Ingham Frozen Chicken Patties are extremely versatile and ideal for burgers or main meals. Made from prime chicken meat, they are coated in a light golden crumb and are quick and easy to serve. With a little imagination, this convenient formed product can be used in a number of ways to delight the taste-buds every time.

Product description

Carton weight	10 kg
Inner bag/box weight	1 kg
Minimum meat content	62%

Nutritional information

Servings per pack approx. 10-11 • Avg. Serving size: 103g

		per serve	per 100g
Energy		939kJ	912kJ
Protein		13g	12.6g
Fat	total	15.6g	15.1g
	saturated	4.0g	3.9g
Carbohydrate	total	8.0g	8.0g
	sugars	0.2g	0.2g
Sodium		241mg	234mg

All values specified above are averages and will vary. Nutritional values should only be used as a general guide.

Ingredients

Contains gluten (wheat), milk and soy as indicated in bold.

Chicken (62%), water, **flour**, (**wheat**, maize, rice), yeast, salt, dextrose, vegetable shortening, emulsifier (472e), raising agents (300, 516, 500, 450), colour (100), vegetable oil (**soya**), spray dried fat powder (**soy, milk**), thickener (412), spice, spice extract, **soy protein isolate**, mineral salt (451).

No artificial colours, flavours or preservatives.



Cooking instructions

Remove product from pack. Cook from frozen.

As appliances can vary, cooking times and temperatures may need to be adjusted accordingly.

Oven bake: Preheat oven to 230°C and cook patties for approx 15-20 minutes, turning once.

Deep fry: Preheat oil to 160°C and cook for approx 6-10 minutes.

Shallow fry: Preheat oil to 160°C and cook for approx 10-15 minutes, turning occasionally.

Storage instructions

Keep frozen at or below minus 18° C.

Once thawed do not refreeze.

Shelf life

12 months from date of production.

Product Code	Product Description	Approx Portion Weight Range	Approx Portion/kg	Number/ Carton	Net Weight	Carton/ Layer	Layers/ Pallet	Cartons/ Pallet
20916	FZN FP CHICKEN PATTIES	99-106g	10	1 x 10kg	10kg	8	4	32

Due to the nature of the raw material used, the portion weights are only an approximation and should be used as a guide only.

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This brochure was correct at the time of printing. Information in this brochure is subject to change without notice. All specified values are averages.