



PREMIUM

Chicken Nuggets

No artificial colours ✓

No artificial flavours ✓





PREMIUM Chicken Nuggets

While your customers are embracing menu innovations like never before, there's still a demand for the all time popular items – such as traditional fingerfood that's easy to prepare and serve. Ingham Premium Chicken Nuggets are made from tasty chicken meat with an authentic tempura batter coating and are versatile enough for outdoor or indoor, formal or casual dining.

Product description

Carton weight	8 kg
Inner bag/box weight	1 kg
Minimum meat content	56%

Nutritional information

Servings per kg. 10 • Avg. Serving size: 100g

		per serve	per 100g
Energy		923kJ	923kJ
Protein		12.4g	12.4g
Fat	total	14.1g	14.1g
	saturated	3.6g	3.6g
Carbohydrate	total	11.3g	11.3g
	sugars	< 1.0g	< 1.0g
Sodium		290mg	290mg

All values specified above are averages and will vary. Nutritional values should only be used as a general guide.

Ingredients

Contains gluten (wheat), milk and soy as indicated in bold.

Chicken (56%), water, flour (**wheat**, maize), starch (maize), salt, raising agents (541, 500, 450), **non fat milk solids**, spice, vegetable oil (**soya**), sugar, emulsifier (433), spice extracts, antioxidants (321, 320, 310), anticaking agent (551), acidity regulator (327), **soy protein isolate**, mineral salt (451).

No artificial colours or flavours.



Cooking instructions

Remove product from pack. Cook from frozen.

As appliances can vary, cooking times and temperatures may need to be adjusted accordingly.

Deep fry: Preheat oil to 180°C and cook for approx 5 minutes.

Shallow fry: Preheat oil to 180°C and cook for approx 5 minutes, turning frequently.

Oven bake: Preheat oven to 200°C and cook for approx 20 minutes, turning once.

Storage instructions

Keep frozen. Store at or below minus 18°C.

Once thawed do not refreeze.

Shelf life

12 months from date of production.

Product Code	Product Description	Approx Portion Weight Range	Approx Portion/kg	Number/ Carton	Net Weight	Carton/ Layer	Layers/ Pallet	Cartons/ Pallet
20853	FZN KKN PRM NUGGETS 1KG x 8	19-21g	50	8 x 1 kg	8 kg	6	7	42

Due to the nature of the raw material used, the portion weights are only an approximation and should be used as a guide only.

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This brochure was correct at the time of printing. Information in this brochure is subject to change without notice. All specified values are averages.