



SLICED

Regular Roasted Chicken Meat

No artificial colours ✓

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Ingham Roasted Chicken Meat is fully-cooked and made from the highest quality chicken meat. Available as sliced meat – it is free flow frozen, meaning you can use as much or as little as you like, making it great value with no waste. Moist and delicious, this totally versatile product can be served hot or cold.

Product description

Carton weight	5 kg
Inner bag/box weight	1 kg
Minimum meat content	93%

Slicing dimensions

width x length 6mm x 70mm

Sizing is approximate – use only as a guide. Product by nature will break after slicing resulting in smaller pieces and 'fines' within the mix.

Nutritional information

Servings per pack approx. 10 • Avg. Serving size: 100g

		per serve	per 100g
Energy		575kJ	575kJ
Protein		17.6g	17.6g
Fat	total	7.0g	7.0g
	saturated	3.3g	3.3g
Carbohydrate	total	1.1g	1.1g
	sugars	<1.0g	<1.0g
Sodium		671mg	671mg

All values specified above are averages and will vary. Nutritional values should only be used as a general guide.

Ingredients

Contains gluten (wheat), milk and soy as indicated in bold.

Chicken (93%), **milk solids**, modified starch (1450), vegetable gum (407), salt, mineral salts (450, 451, 339), dextrose, hydrolysed vegetable protein (**soy, wheat**), flour (**wheat**), onion dehydrated, yeast extract, anticaking agent (551), spice extract, flavour (nature identical).

No artificial colours.



Preparation

Remove contents from pack as required.

Thaw in refrigerator overnight or defrost in microwave.

Serving suggestions

- Chicken rolls
- Chicken sandwiches and salads
- Ideal for stir-fry or pizza toppings
- Great for chicken quiches.

Storage instructions

Keep frozen. Store at or below minus 18°C.

Once thawed do not refreeze – keep refrigerated and consume within 48hrs.

Shelf life

12 months from date of production.

Product Code	Product Description	Number/ Carton	Net Weight	Carton/ Layer	Layers/ Pallet	Cartons/ Pallet
20707	FZN REG SL MEAT	5 x 1kg	5kg	12	5	60

Due to the nature of the raw material used, the portion weights are only an approximation and should be used as a guide only.

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This brochure was correct at the time of printing. Information in this brochure is subject to change without notice. All specified values are averages.