



SWEET

Chilli Tenders

No artificial flavours ✓

No preservatives ✓

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SWEET Chilli Tenders

Made from premium quality chicken meat, Ingham Sweet Chilli Chicken Tenders are coated in a delicious crunchy crumb blended with herbs, spices and coconut. The gentle spiciness of the chilli is perfectly complemented by the sweet richness of the coconut. Great as finger food, in chicken burgers, or for salads, sandwiches or hot meals.

Product description

Carton weight	10 kg
Inner bag/box weight	1 kg
Minimum meat content	40 %

Nutritional information

Servings per pack approx. 10 • Avg. Serving size: 100g

		per serve	per 100g
Energy		1090kJ	1090kJ
Protein		13.6g	13.6g
Fat	total	14.6g	14.6g
	saturated	3.9g	3.9g
Carbohydrate	total	18.9g	18.9g
	sugars	3.8g	3.8g
Sodium		660mg	660mg

All values specified above are averages and will vary. Nutritional values should only be used as a general guide.

Ingredients

Contains gluten (wheat), milk and soy as indicated in bold.

Chicken (40%), water, flour (**wheat, soy**), coconut, dehydrated vegetables, herbs & spices, salt, sugar, yeast, vegetable oil (**soya**), acidity regulator (330), raising agents (500, 341, 541, 450), colours (102, 105D, 124, 160C), emulsifiers (471, 491), vegetable gums (414, 412), fructose, **wheat gluten**, natural flavour (**wheat, milk**), spray dried fat powder (**soy, milk**), **soy protein isolate**, mineral salt (451), **wheat starch**, dextrose, hydrolysed vegetable protein, anticaking agent (551), yeast extract, **soy lecithin (322)**.

No artificial flavours or preservatives.



Cooking instructions

Remove product from pack. Cook from frozen.

As appliances can vary, cooking times and temperatures may need to be adjusted accordingly.

Oven bake: Preheat to 180°C and cook for approx 10-15 minutes.

Deep fry: Preheat to 180°C and cook for approx 3-4 minutes.

Microwave (not recommended): Cook at high for approx 2-3 minutes.

Storage instructions

Keep frozen. Store at or below minus 18°C.

Once thawed do not refreeze.

Shelf life

12 months from date of production.

Product Code	Product Description	Approx Portion Weight Range	Approx Portion/kg	Number/ Carton	Net Weight	Carton/ Layer	Layers/ Pallet	Cartons/ Pallet
20694	FZN SWEET CHILLI TENDERS	50-56g	17-20	10 x 1kg	10kg	8	4	32

Due to the nature of the raw material used, the portion weights are only an approximation and should be used as a guide only.

SALES OFFICE: P.O. Box 247 Te Aroha, 624 Waihekeau Road, Ngarua R.D. WAITOA. Free phone 0508 800 785 Fax: (07) 884 6542

This brochure was correct at the time of printing. Information in this brochure is subject to change without notice. All specified values are averages.